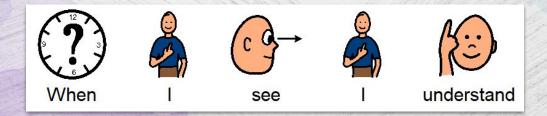
Visual Support Strategies





Tammy Dupre, AT Support Specialist



GOALS

• The learner will recognize the

benefits of visual strategies.

• The learner will identify visual tools for the environment, behavior,

schedules and class activities.

• The learner will be able to select the appropriate visual tool which will

support student success and

independence.

Visual Tools Test

- Do you have a calendar to help you organize information?
- Do you make to do lists?
- Have you ever pointed to a picture on a menu to show something you want?
- Have you ever used the "easy to follow picture instructions" when assembling something?



You need Visual Tools to help you organize your life, make choices and accomplish a task.

Benefits of Visual Strategies

- Decreases challenging behavior
- Decreases anxiety
- Increases calmness
- Teaches how to accept change
- Increases understanding
- Increases flexibility
- Increases independence

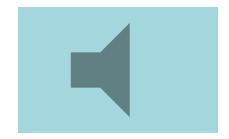
Who Benefits

- Autism
- Communication Disorder
- Behavior Disorder
- Learning Disability
- Auditory Processing Disorder
- Developmental Delay
- Mental Impairment



Why Do They Function Better?

- Difficulty with:
 - Establishing attention
 - Shifting attention
 - Regaining attention
 - Background noise



Primary Function

- Receptive communication tool
- Gives information
- Increases comprehension
- Increases understanding of tasks, activities and the environment
- Teaches skills to become independent

Visual Tools for the Environment









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Environment

- Gives boundaries
- Creates orderliness and gives stability
- Helps with structure and predictability
- Helps to function more independently
- Increases students reliability
- Enables students to become more responsible

Tools for the Environment Examples

- Label school supplies
- Feet by locker

Louisiana Accessible Educational Materials

- Picture on their locker
- Square boundary for sitting on floor/bench/bus
- Line to indicate where to line up
- Label areas in class (work/quiet areas)

Make-N-Take

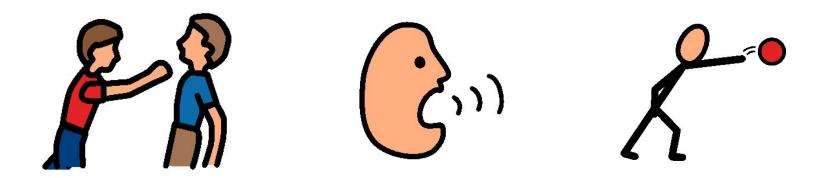
Universal "No"

- Put over item they can not have
- Put on back of door



Printable Link

Visual Tools for Behavior



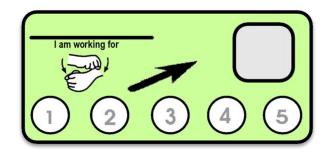
Visual Tools for Behavior

- Communication breakdown = behavior problems
- Give students a visual representation of what they are doing and what they should be doing



Visual Tools for Behavior

• I am working for.....



Managing High Interests

- Teaches them an appropriate time to do the behavior
- Insert "talk time" or "free time" into schedule
- Example:
 - Talking about movies





Managing Perfectionism

- Provides a clear visual indication of the degree of difficulty
- Decreases anxiety and shut down



Teaching Self-Regulation

- Insert behavior into the schedule
- Example:
 - hitting hit on punching bag
 - Talking about certain topic
 - Throwing throw blocks in bucket





Individual Visual Schedules



Individual Visual Schedules

- Visual representation of activities and in what order
- Helps to organize & predict activities/events
- Teaches flexibility and how to adapt to change
- Helps to shift attention from one activity to another

Individual Visual Schedules

- Helps to get through undesirable activity if see something they like is next
- Teaches passing of time
- Provides breaks to teach self-regulation
- Increases independent functioning

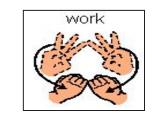
Designing an Individual Schedule

- Visual representation system
- Size of visual representation
- Set up of schedule
- Choices
- Length

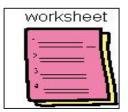
- Location
- Transitions
- How to indicate "all done"
- Change
- Clock vs. activity

Visual Representation System

- Real object
- Miniature objects
- True object based icons (T.O.B.I's)
- Photographs
- Real drawings
- Line drawings
- Written word

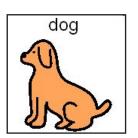




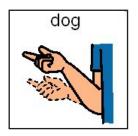


Visual Representation System

• May use different visual representations for different activities







Size of Visual Representation

Large - hang in room

• Small - portability



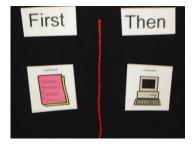




Schedule Set-Up

First / Then

Left to right



Top to bottom

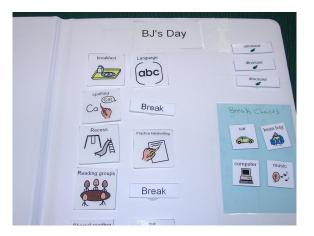
Combination



Must consider visual and motor skills

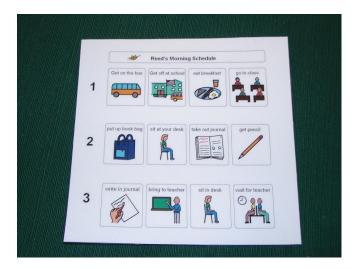
Choices on Schedule

- Provide choices between activities
- Gives students a sense of control



Length of Schedule

• Visual, cognitive or motoric issue



Location of Schedule

Ability to have visual access at all times whether it is portable or not





Transitions To & From Schedules

• To the schedule – work toward independence

(poker chip, card)

• From the schedule to the activity – pull off

activity from schedule and bring with them

 Only give visual, physical prompts – NOT AUDITORY

m

check

How to Indicate "all done"

• For some students there needs to be an all done symbol or envelope



Changes on a Schedule

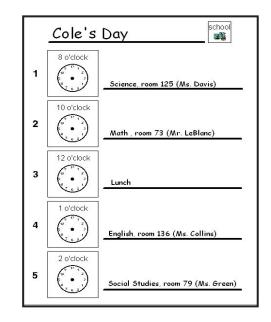
 Indicate changes by placing a symbol/word by the activity or placing the universal "no" symbol over the activity



Schedule by Clock vs. Activity

- Younger students by activity
- Older students by time or clocks

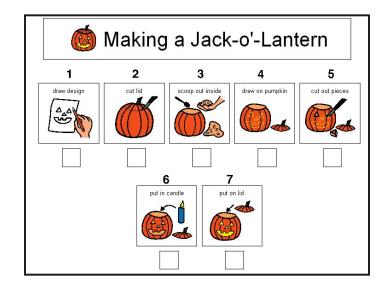




Visual Schedule Examples

- Object schedule
- Dry erase board
- 3-ring binder
- Clip board
- Manila folder

Activity Schedules



Activity Schedules

Step-by-step instructions on how to complete a task





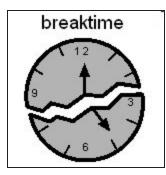
Activity Termination Cards

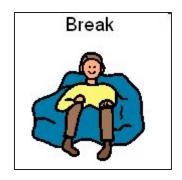
Gives time to processCan use with a timer



Break Cards

- Helps decrease anxiety
- Teacher vs. student card





"Wait" Cards

- Visual representation that they have to wait
- Can use with timer





Emergency Cards

- Helps them prepare for what is going to happen
- Decreases anxiety





Printable Link

Helping Hand

- Reminder to ask for help
- Teaches initiation of communication



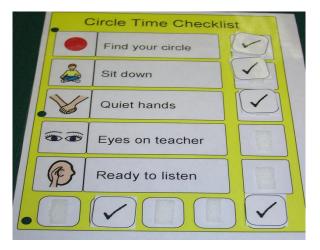
Visual Tools for Academics



Class Assignments

- Provide visual expectations of a task
- Provide step-by-step visual instructions
- Provide visuals to start and stop a task

Examples

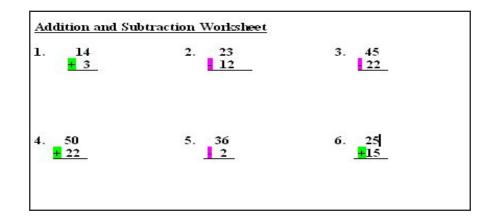


Homework Checklist

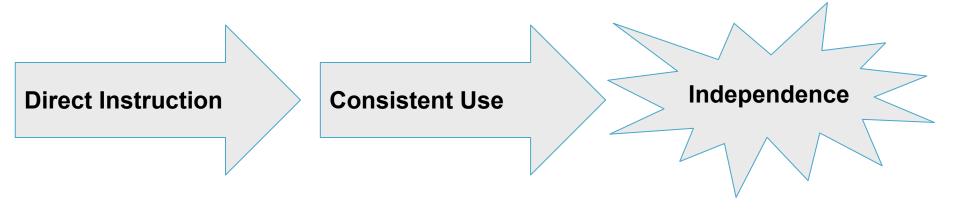
- Get homework out of green folder
- Place in tray on teachers desk
- Return to seat
- Copy homework assignment onto calendar

Examples

Highlight directions or details



Things To Remember



Resources

• Visual Strategies for Improving Communication,

by Linda Hodgdon, (1995).

• Autism: Intervention and Strategies for Success,

by Susan Stokes, (2001)

Website Resource



Questions



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